

Northwest Regional
February 11, 2011
Results - Session 1

#1 Boys 200 Yard Medley Relay

AHS: 1:39.85! 2009 AHS

Andrew Starr, Sean Cudahy, Roger Fan, CJ Trachta

PHS: 1:50.68= 2008 Potomac Panthers

Hickenbottom, Oneto, Schwalm, Vargas Garcia

SJHS: 1:42.48> 2006 Stonewall Jackson

Z. Hayden, D. Vaugn, R. Badr, M. Klossner

WSHS: 1:42.04/ 1997 Brown, Lindberg, A

Quimby

BHS: 1:41.75@ 2011 J. Croasdell, N.

itticar, K. Lee

FPHS: 1:45.32# 2011 Forest Park High

T Anderson, J Murrin, P Blevins, A Chamberlain

GFHS: 1:41.19\$ 2003 A Hicks, B

n, I Grand

HHS: 1:43.59% 2010 Dan McAllister,

g, Geoffrey Wright, Ian Frye

HYL: 1:44.48^ 1998 David Horak, Bryan

Hutto, Brett Gombar

LVHS: 1:51.22& 2010 J. Parker, C.

nertson, C Rabung

1:41.49 STAT

1:48.93 REG

Team	Relay	Finals Time
1 AHS-VA	A	1:39.29! STAT
Robbins, Chase SR	Webb, Tim SR	
Topping, Stephen SR	Lockman, Matt SO	
2 MVHS-US	A	1:39.97 STAT
Friedel, Josh	Stockner, Daniel	
Slatery, Michael	Johnson, Mike	
3 BPHS-VA	A	1:40.84 STAT
Fox-Moles, Michael	Deal, Forrest	
Stroud, Fisher	Garcia, Alex	
4 OPHS	A	1:41.05 STAT
Lord, Peter JR	Blakely, Steven SR	
Shields, AJ JR	Minick, Grant JR	
5 OHS	A	1:42.45 REG
Mernin, Ethan SO	Campbell, Henry FR	
Mustafa, Adam JR	McGrory, Reilly JR	
6 BHS	A	1:44.95 REG
Croasdell, Jacob JR	Mathis, Nicholas SR	
Whitticar, Ford JR	Lee, Kevin SR	
7 HHS	A	1:45.59 REG
Melhuish, Tim SR	Rosenburg, Damon SR	
McAllister, Daniel SO	Fabian, Constantin JR	
8 FPHS	A	1:47.38 REG
Brundage, Matt JR	Murrin, Jordan JR	
Blevins, Philip SR	Chamberlain, Alec SR	
9 RHS-VA	A	1:49.35 18.0
Whalen-Kelly, Eric SR	McClure, Sean JR	
Etter, Ethan SO	Riffiee, Christian JR	
10 WSHS	A	1:49.49 14.0
Nye, Connor JR	Barefoot, Nicolaus JR	
Hannan, Mark JR	Sweeney, Harrison JR	
11 NSHS-VA	A	1:49.58 12.0
Tolliver, Ryan	Faherty, Nolan	
Massie, Kyle	Young, Derek	
12 SJHS	A	1:51.86 10.0
Beavers, Duncan JR	Goulet, Zachary JR	
Utt, Daniel JR	Cerniuk, Alex JR	

13 PHHS-VA	A	1:52.19 8.0
Hughes, Sam	Catron, Matthew	
Jones, Jared	Bellavia, Scott	
14 LV	A	1:53.17 6.0
Van Vleet, Max SR	Miller, Ian JR	
Deaver, Jaques SO	Shayka, Mark SO	

15 GFHS	A	1:53.53 4.0
Kem, Thokeina SR	Schilpp, Robert SR	
Anderson, Brandon SR	Arana, Cesar SO	
16 CFHS	A	1:56.81 2.0
Timm, David	Kozar, Richard	
Kaim, Nicholas	Strong, Chad	
17 HYL-VA	A	1:58.57
Bushmire, Jacob	Saclolo, Christopher	
Dorego, Aaron	Kuykendall, Shaka	
18 HCHS-VA	A	2:01.85
Zanarini, Nick	Fulcher, Hunter SO	
Ford, Zak SO	Kashmer, Collin	
19 FCHS-VA	A	2:13.48
Simmons, Tyler SO	Akers, Hunter SO	
Boyd, Nicholas JR	Paxton, Seth FR	
--- WFHS	A	DQ
Declared false start - Misc		
Pullen, Derric	Ndayisenga, Deo	
Harris, Will	Brown, Dequan	
--- GW-VA	A	DFS
Declared false start - Misc		
Bender, Zach	Wood, Connor	
Hughes, Gray	Heard, Jackson	

#2 Girls 200 Yard Medley Relay

AHS: 1:55.21! 2004 AHS

B. Jamerson, M. Grobmyer, M. Jamerson, A. Mextorf

PHS: 1:56.12= 1997 PHS 1997

Saylor, Shildneck, Henderson, Modell

SJHS: 1:52.91> 2002 K. Urso, A. Behrle,

. Urso at 2002 Virginia State Swim & Div

WSHS: 1:52.43/ 1996 Hewitt, Lindberg,

son

BHS: 1:52.74@ 2010 N. Tremols, N.

cuolo, L. Crider

FPHS: 1:52.96# 2010 FPHS S. Leong, A.

Harper, B. Murphy

GFHS: 1:55.33\$ 2005 K. Leung, B. Fox, S.

. Puglisi

HHS: 1:54.56% 2010 Allison Grecco,

urg, Bailey Rember, Lauren Perussault

HYL: 1:53.20^ 2005 Kasey Bushmire,

, Carly Keith, Kali Gaskill

LVHS: 2:03.92& 2010 K. Johnson, B.

S. Suminski

1:53.29 STAT

1:59.63 REG

Team	Relay	Finals Time
1 FPHS	A	1:51.21# STAT
Murphy, Briana SR	Bodmer, Allyson SO	
Harper, Shannon JR	Leong, Samantha SO	
2 AHS-VA	A	1:51.39! STAT
Harper, Holly JR	Ross, Nikki JR	
Harper, Hannah FR	Miller, Kelly SO	
3 BHS	A	1:52.69@STAT
Tremols, Nina SO	Martin, Natalie JR	
Criscuolo, Holly JR	Bolton, Stephanie SR	
4 CFHS	A	1:52.77 STAT
McTarsney, Ciara	Douglas, Alyssa	
Monahan, Bailie	Garza, Kirsten	
5 WSHS	A	1:54.05 REG
Kelly, Emily FR	Lisbon, Kelsey JR	

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Kelly, Anna SR Coughlin, Victoria FR
6 HHS A 1:56.46 REG
Lee, Katie FR Rosenburg, Kaleigh SO
Grecco, Allison SO Gold, Jordan SR

7 STAFF-VA A 1:57.42 REG
Wuckovich, Zoe FR Lloyd, Allie SO
Lewis, Hannah Melkun, Hannah FR
8 NSHS-VA A 1:57.87 REG
Dix, Sara Schmitz, Catie
Schmitz, Karaline Brana, Alexis
9 MHS A 1:58.60 REG
Keen, Kiyomi McKay, Robin
Minnich, Shannon Winkler, Claire
10 RHS-VA A 1:59.09 REG
Howard, Lacy SR Brumbaum, Kayla SO
Gallagher, Maggie SR Perdue, Brooke JR
11 SJHS A 2:02.48 12.0
Cotton, Katie JR Rodriguez, Brooke SR
VanBuskirk, Carrie SR Thai, Melissa SO
12 LV A 2:05.74 10.0
Johnson, Kelly SR Shayka, Bridget SR
Ryan, Kelsey SR Suminski, Sheridan SO
13 FCHS-VA A 2:07.68 8.0
Anderson, Kayla FR Hoch, Caitlin SR
Parcell, Margaret SR Ferguson, Nora FR
14 HYL-VA A 2:08.41 6.0
Cheripka, Alicia Mazzoccoli, Christianna
Ianni, Sarah Jaeger, Michelle
15 OHS A 2:09.57 4.0
Nowak, Emma SO Dunegan, Kara JR
Murphy, Erin SR Hazen, Catherine JR
16 PHHS-VA A 2:10.01 2.0
Bowman, Erica Jones, Jordyn
Baldrige, Anne Casola, Grace
17 GFHS A 2:14.01
Jones, Sarah JR Anastasio, Denise SO
Woessner, Leslie SO Weldon, Kayla FR
18 HCHS-VA A 2:20.09
Miller, Jordon Conner, Jessica
Snead, Rebecca FR White, Kelsey FR
--- OPHS A DQ
Early take-off swimmer #2
Souther, Christine JR Mizerak, Courtney JR
Kula, Audrey JR Voss, Delaney FR

#3 Boys 200 Yard Free

AHS: 1:39.88! 2009 Andrew Starr
PHS: 1:52.07= 2008 Connor Schwalm
SJHS: 1:45.93> 2006 Zachary Hayden at
WSHS: 1:45.93/ 1994 Brian Hicks
BHS: 1:42.27@ 2010 Nick Tremols
FPHS: 1:46.06# 2011 Tyler Anderson
GFHS: 1:45.25\$ 2002 Brett MacLennan
HHS: 1:50.69% 2011 Damon C.
HYL: 1:49.98^ 2004 Troy Sattgast
LVHS: 1:57.73& 2010 Capwell E Taylor
1:46.39 STAT
1:54.18 REG

Name	Yr	Team	Finals Time
1 Stronko, Sam		SOOPHS	1:44.00 STAT
2 Johnson, Mike		MVHS-US	1:46.57 REG

(#3 Boys 200 Yard Free)

3 Robbins, Chase SRAHS-VA 1:46.63 REG
4 Anderson, Tyler SOFPHS 1:47.24 REG
5 Campbell, Henry FROHS 1:47.59 REG
6 Resch, Robert NSHS-VA 1:48.84 REG
7 Halliburton, Mathe MHS 1:49.90 REG
8 Mikeal, Jessup BPHS-VA 1:50.74 REG
9 Wineinger, Andre CFHS 1:51.40 REG
10 McAllister, Daniel SOHHS 1:51.74 REG
11 Lescault, Jacob SOAHS-VA 1:51.81 REG
12 Pogue, Bill SOBHS 1:51.89 REG
13 Nye, Connor JR WSHS 1:55.16 4.0
14 Brower, Michael BPHS-VA 1:56.53 3.0
15 Eggert, Zachary SOOPHS 1:57.52 2.0
16 Yu, Daniel SOBHS 1:57.83 1.0
17 Hannan, Mark JR WSHS 1:57.84
18 Schuette, Matt SRFPHS 1:57.93
19 Chapman, Bob SOBHS 1:58.00
20 Poague, Kenneth FROPHS 1:58.43
21 Perez, Matthew SROHS 1:58.77
22 Storey, Robert SOOHS 2:02.07
23 Graham, Gavin FRBHS 2:04.53
24 Olsen, Kevin FROPHS 2:05.35
25 Bellavia, Scott PHHS-VA 2:08.57
26 Akers, Hunter SOFCHS-VA 2:19.85
27 Paxton, Seth FRFCHS-VA 2:36.15
28 Conner, Chase HCHS-VA 2:37.78
29 Lewis, Jared GW-VA 2:45.55
30 Weldon, Jason FRHCHS-VA 2:57.67

#4 Girls 200 Yard Free

AHS: 1:55.62! 2005 Brittney Jamerson
PHS: 2:15.31= 1999 Michelle Schlecht
SJHS: 1:56.44> 2001 Kelly Urso at
WSHS: 1:56.26/ 1994 Leslie Swanson
BHS: 1:57.78@ 2004 Chelsea L. Geckler
FPHS: 1:53.72# 2010 Shannon Harper
GFHS: 1:56.64\$ 2005 Brittany Fox
HHS: 1:54.46% 2008 Valerie McMullan
HYL: 1:54.65^ 2008 Kali Gaskill
LVHS: 2:04.28& 2011 Kelsey L Ryan
1:56.99 STAT
2:02.77 REG

Name	Yr	Team	Finals Time
1 Harper, Shannon		JRFPHS	1:52.09# STAT
2 Kula, Audrey		JROPHS	1:54.62 STAT
3 Skelley, Emma		SOOPHS	1:56.18 STAT
4 Souther, Christine		JROPHS	1:58.45 REG
5 Turner, Heidi		SOOHS	1:58.52 REG
6 Flinn, Mary		BPHS-VA	1:59.63 REG
7 Kelly, Emily		FRWSHS	2:01.42 REG
8 Morton, Corie		FRAHS-VA	2:02.54 REG
9 Winkler, Claire		MHS	2:03.01 9.0
10 Dix, Sara		NSHS-VA	2:03.22 7.0
11 McTarsney, Ciara		CFHS	2:05.04 6.0
12 Wuckovich, Zoe		FRSTAFF-VA	2:05.07 5.0

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13	Hummer, Lilly	JRFPHS	2:05.57	4.0
14	Jones, Mackenzie	SOAHS-VA	2:08.36	3.0
15	Ianni, Sarah	HYL-VA	2:11.52	2.0
16	Jaeger, Michelle	HYL-VA	2:12.18	1.0
17	Poland, Sabrina	FRBHS	2:16.74	
18	Arnold, Samantha	JRBHS	2:22.91	
19	Black, Gracie	PHHS-VA	2:23.64	
20	Snyder, Katie	PHHS-VA	2:24.22	
21	Troiano, Kayla	FRBHS	2:25.69	
22	Weaver, Kaitlyn	JRLV	2:29.77	
23	Teepie, Melissa	SOFCHS-VA	2:32.33	
24	Robertson, Allison	GW-VA	2:37.21	
25	Edwards, Isabel	PHHS-VA	2:42.13	
26	Crutchfield, Emily	SOFCHS-VA	2:42.96	
27	Hurd, Ashleigh	JRFCHS-VA	2:43.65	
28	Saunders, Hannah	HCHS-VA	2:51.34	
---	Blodgett, Mary	FRSJHS	NS	

Declared false start

#5 Boys 200 Yard IM

AHS: 2:00.57! 2009 Roger Fan
PHS: 2:02.61= 2009 Connor Schwalm
SJHS: 1:53.99> 2005 Zachary Hayden at
WSHS: 1:59.43/ 1994 Brian Hicks
BHS: 2:00.59@ 2010 Nick Tremols
FPHS: 2:06.26# 2010 Philip Blevins
GFHS: 1:55.35\$ 2002 Brett MacLennan
HHS: 2:00.98% 2010 Damon Rosenburg
HYL: 2:04.85^ 2004 Troy Sattgast
LVHS: 2:09.67& 2010 Capwell E Taylor
1:59.79 STAT
2:08.55 REG

Name	Yr	Team	Finals	Time
1	Stoffa, Gregory	JROPHS	1:56.02	STAT
2	Lord, Peter	JROPHS	1:58.11	STAT
3	Friedel, Josh	MVHS-US	1:58.20	STAT
4	Blakely, Steven	SROPHS	1:58.30	STAT
5	Rosenburg, Damor	SRHHS	1:59.75	STAT
6	Mustafa, Adam	JROHS	2:02.59	REG
7	Jones, Jared	PHHS-VA	2:02.78	REG
8	Webb, Tim	SRAHS-VA	2:02.88	REG
9	Mathis, Nicholas	SRBHS	2:04.24	REG
10	Williamson, Andre	FRAHS-VA	2:04.37	REG
11	Sell, Michael	MVHS-US	2:05.33	REG
12	Deal, Forrest	BPHS-VA	2:07.91	REG
13	Telford, Sean	SOAHS-VA	2:08.18	REG
14	Smith, Bryan	SRFPHS	2:10.02	3.0
15	Fadeyev, Ivan	FROPHS	2:11.92	2.0
16	Etter, Ethan	SORHS-VA	2:13.12	1.0
17	Blevins, Philip	SRFPHS	2:14.28	
18	Yang, John	SRFPHS	2:16.45	
19	Dooley, Kenta	SRBHS	2:16.70	
20	Haupt, Connor	SRBHS	2:18.28	
21	Langhauser, Keith	SRWSHS	2:19.64	
22	Kerber, Sam	JROHS	2:20.39	
23	Miller, Ian	JRLV	2:22.40	
24	Catron, Matthew	PHHS-VA	2:27.49	

25	Ford, Zak	SOCHS-VA	2:31.68	
26	Harris, Will	WFHS	2:34.65	
27	Boyd, Nicholas	JRFCHS-VA	2:35.52	
28	Fulcher, Hunter	SOCHS-VA	2:45.89	
29	Bender, Zach	GW-VA	3:01.93	

#6 Girls 200 Yard IM

AHS: 2:12.10! 2005 Brittney Jamerson
PHS: 2:19.87= 1993 C Taylor
SJHS: 2:08.10> 2002 Ashley Razo at 2002
WSHS: 2:12.97/ 1998 Amanda VanHorn
BHS: 2:10.42@ 2011 Natalie Martin at
FPHS: 2:12.71# 2010 Shannon Harper
GFHS: 2:10.40\$ 2005 Brittany Fox
HHS: 2:05.67% 2008 Kaitlin Pawlowicz
HYL: 2:12.15^ 2008 Kasey Bushmire
LVHS: 2:18.51& 2010 Kelsey L Ryan
2:12.39 STAT
2:18.45 REG

Name	Yr	Team	Finals	Time
1	Rosenburg, Kaleigi	SOHHS	2:07.39	STAT
2	Mizerak, Courtney	JROPHS	2:08.55	STAT
3	Harper, Hannah	FRAHS-VA	2:10.87	STAT
4	Boyle, Casie	SROHS	2:11.19	STAT
5	Henry, Kelly	FRGFHS	2:12.36	STAT
6	Melkun, Hannah	FRSTAFF-VA	2:13.78	REG
7	Martin, Natalie	JRBHS	2:14.16	REG
8	Stephens-Pickeral,	GW-VA	2:14.37	REG
9	Rodriguez, Brooke	SRSJHS	2:16.85	REG
10	Johnson, Jessica	MVHS-US	2:17.75	REG
11	Stevens, Jillian	SOOPHS	2:18.26	REG
12	Schmitz, Catie	NSHS-VA	2:20.80	5.0
13	Minnich, Shannon	MHS	2:22.80	4.0
14	Gaskill, Kati	FROPHS	2:23.21	3.0
15	Lee, Katie	FRHHS	2:25.89	2.0
16	Dinh, Yvonne	FROPHS	2:26.49	1.0
17	Bodmer, Allyson	SOPPHS	2:26.85	
18	Emert, Heather	SRGFHS	2:26.96	
19	Goidas, Angi	CFHS	2:27.64	
20	Ball, Shelby	CFHS	2:30.32	
21	Waller, Antoinette	SOPPHS	2:31.96	
22	Jones, Jordyn	PHHS-VA	2:33.82	
23	Casola, Grace	PHHS-VA	2:35.03	
24	Mancinelli, Toni	FRBHS	2:36.54	
25	Smith, Kristin	FRBHS	2:38.42	
26	Snyder, Katie	PHHS-VA	2:39.68	
27	Ober, Shannon	SRHHS	2:40.37	
28	VanBuskirk, Carrie	SRSJHS	2:42.65	
29	Hoch, Caitlin	SRFCHS-VA	2:46.18	
30	Miller, Jordon	HCHS-VA	2:49.54	
31	Borellis, Mackenzi	SOFCHS-VA	2:54.03	
32	Snead, Rebecca	FRHCHS-VA	2:56.18	

#7 Boys 50 Yard Free

AHS: 21.97! 2008 Paul Boucher
PHS: 23.01= 2010 Connor Schwalm
SJHS: 21.34> 2006 Zachary Hayden at
WSHS: 21.80/ 1999 Chris Lindberg
BHS: 22.21@ 2011 Ford Whitticar at
FPHS: 22.37# 2005 Thomas Scovel
GFHS: 22.03\$ 2003 Brett MacLennan
HHS: 22.25% 2009 Geoffrey Wright
HYL: 22.74^ 2002 Russell Wood
LVHS: 22.86& 2010 Christian D
22.39 STAT
23.43 REG

Name	Yr	Team	Finals	Time
1	Lockman, Matt	SOAHS-VA	21.66	STAT
2	Whitticar, Ford	JRBHS	22.24	STAT
3	Young, Mike	MHS	22.55	REG
4	Minick, Grant	JROPHS	22.58	REG
5	Slattery, Michael	MVHS-US	22.77	REG
6	Sanders, Brandon	CFHS	22.79	REG
7	Garcia, Alex	BPHS-VA	22.90	REG
8	McGrory, Reilly	JROHS	23.00	REG
9	Hensley, Calvin	BPHS-VA	23.07	REG
10	Beavers, Duncan	JRSJHS	23.11	REG
11	Lee, Kevin	SRBHS	23.24	REG
*12	Worrick, Joe	SOOPHS	23.36	REG
*12	Troy, Winston	NSHS-VA	23.36	REG
14	Hughes, Ryan	SRFPHS	23.43	REG
15	Heckman, Trevor	JROPHS	23.61	2.0
16	Kem, Thokeina	SRGFHS	23.64	1.0
17	Fabian, Constantin	JRHHS	23.74	
18	Handy, Joseph	FRWSHS	23.76	
19	Feshari, Josh	JROPHS	23.80	
20	Hughes, Sam	PHHS-VA	24.03	
21	Riffée, Christian	JRRHS-VA	24.05	
22	Chamberlain, Alec	SRFPHS	24.29	
23	Hudson, Parker	JROHS	24.33	
24	Cerniuk, Alex	JRSJHS	24.43	
25	Dillard, Terrod	GW-VA	26.41	
26	Conte, Nicholas	PHHS-VA	26.76	
27	Phelps, John	GW-VA	26.78	
28	Akers, Hunter	SOFCHS-VA	27.14	
29	Miller, Delontae	FRHCHS-VA	27.38	
30	Epps, Matthew	HCHS-VA	27.89	
31	Heard, Jackson	GW-VA	28.28	
---	Sweeney, Harrison	JRWSHS	DQ	

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#8 Girls 50 Yard Free

AHS: 25.25! 2008 Holly Harper
 PHS: 27.45= 2010 Brianna Weldon
 SJHS: 25.25> 1997 Tiffany Seal
 WSHS: 24.96/ 2001 Christy Cousins
 BHS: 25.83@ 2009 Natalie Martin
 FPHS: 25.23# 2009 Briana Murphy
 GFHS: 24.31\$ 2010 Taylor Vincent at
 HHS: 24.87% 2008 Valerie McMullan
 HYL: 24.50^ 2008 Kali Gaskill
 LVHS: 26.97& 2011 Kelsey L Ryan
 24.59 STAT
 26.11 REG

Name	Yr	Team	Finals Time	
1 Vincent, Taylor		SOGFHS	24.36	STAT
*2 Parcell, Margaret		SRFCHS-VA	24.78	REG
*2 Monahan, Bailie		CFHS	24.78	REG
4 Leong, Samantha		SOPFHS	24.91#	REG
5 Murphy, Briana		SRFPHS	25.06#	REG
6 Brumbaum, Kayla		SORHS-VA	25.47	REG
7 Jordan, Shelby		FRGFHS	25.48	REG
8 Clark, Ashley		JROPHS	25.58	REG
9 Coughlin, Victoria		FRWSHS	25.71	REG
10 Turner, Heidi		SOOHS	25.84	REG
11 Garza, Kirsten		CFHS	25.92	REG
12 Woll, Jade		JRWSHS	25.98	REG
13 Lloyd, Allie		SOSTAFF-VA	26.19	4.0
14 Brana, Alexis		NSHS-VA	26.33	3.0
15 Voss, Delaney		FROPHS	26.42	2.0
16 Tabor, Natalie		FROPHS	26.48	1.0
17 Bedwell, Caitlyn		NSHS-VA	26.56	
18 Ross, Nikki		JRAHS-VA	26.81	
19 Nowak, Emma		SOOHS	26.82	
20 Gold, Jordan		SRHHS	27.01	
21 Pfannenstien, Alys		MVHS-US	27.14	
22 Waldman, Stephan		GW-VA	27.72	
23 Boyle, Erica		SROHS	27.82	
24 Dooley, Kaitlyn		SOHHS	27.94	
25 Bolton, Stephanie		SRBHS	28.00	
26 Gross, Hannah		PHHS-VA	28.32	
27 Bowman, Erica		PHHS-VA	28.65	
28 Thai, Melissa		SOSJHS	28.66	
29 Pyles, Meghan		SRBHS	29.00	
30 Wade, Caylan		GW-VA	30.17	
31 Hughes, Jessica		JRFCHS-VA	30.32	
32 Trout, Alexa		SRFCHS-VA	30.35	
33 White, Kelsey		FRHCHS-VA	31.06	

#11 Boys 100 Yard Fly

AHS: 52.02! 2009 CJ Trachta
 PHS: 54.67= 2009 Connor Schwalm
 SJHS: 53.96> 2002 Michael Cartwright
 WSHS: 53.81/ 2007 Matt Penning at
 BHS: 50.39@ 2010 Nick Tremols
 FPHS: 55.44# 2011 Philip Blevins
 GFHS: 53.52\$ 2003 Brett MacLennan
 HHS: 50.39% 2005 Bryan Durazo
 HYL: 54.09^ 2004 Troy Sattgast
 LVHS: 56.31& 2010 Christian D
 53.69 STAT
 56.65 REG

Name	Yr	Team	Finals Time	
1 Fox-Moles, Michael		BPHS-VA	53.46	STAT
2 Redding, Jared		CFHS	54.05	REG
3 Minick, Grant		JROPHS	54.32	REG
4 Topping, Stephen		SRAHS-VA	54.49	REG
5 Blevins, Philip		SRFPHS	54.76#	REG
6 Whitticar, Ford		JRBHS	54.97	REG
7 Kimble, Cole		NSHS-VA	55.18	REG
8 Troy, Winston		NSHS-VA	55.91	REG
9 Shields, AJ		JROPHS	56.04	REG
10 Mustafa, Adam		JROHS	56.25	REG
11 Smith, Bryan		SRFPHS	56.27	REG
12 Murrin, Jordan		JRFPHS	57.40	5.0
13 Bernardino, Michael		SRAHS-VA	58.04	4.0
14 Sanders, Brandon		CFHS	58.46	3.0
15 Utt, Daniel		JRSJHS	58.70	2.0
16 Massie, Kyle		NSHS-VA	58.72	1.0
17 Hannan, Mark		JRWSHS	59.00	
18 Chapman, Bob		SOBHS	59.07	
19 Stroud, Fisher		BPHS-VA	59.60	
20 Bolton, Chris		FRBHS	1:00.56	
21 Dorego, Aaron		HYL-VA	1:01.11	
22 Mustafa, Ameen		SROHS	1:02.03	
23 Regenbogen, Dalton		SOOPHS	1:02.81	
24 Van Vleet, Max		SRLV	1:03.87	
25 Mulcahy, Liam		PHHS-VA	1:06.00	
26 Shayka, Mark		SOLV	1:06.07	
27 Popek, James		SOHCHS-VA	1:13.39	
28 Dillard, Terrod		GW-VA	1:14.46	
29 Kashmer, Collin		HCHS-VA	1:15.92	
--- Hughes, Gray		GW-VA	NS	
Declared false start				

#12 Girls 100 Yard Fly

AHS: 58.56! 2011 Holly Harper
 PHS: 1:04.37= 1993 C Taylor
 SJHS: 56.58> 2002 Ashley Razo at 2002
 WSHS: 58.75/ 1998 Bethany Lindberg
 BHS: 58.62@ 2005 Chelsea Geckler
 FPHS: 58.67# 2009 Shannon Harper
 GFHS: 57.71\$ 2007 Mandy Vincent
 HHS: 57.36% 2008 Kaitlin Pawlowicz
 HYL: 59.04^ 2006 Kali Gaskill
 LVHS: 59.78& 2010 Kelsey L Ryan
 59.29 STAT
 1:02.78 REG

Name	Yr	Team	Finals Time	
1 Monahan, Bailie		CFHS	57.08	STAT
2 Harper, Hannah		FRAHS-VA	57.42!	STAT
3 Harper, Shannon		JRFPHS	57.66#	STAT
4 Ryan, Kelsey		SRLV	59.17&	STAT
5 Clark, Ashley		JROPHS	59.58	REG
6 Criscuolo, Holly		JRBHS	59.99	REG
7 Kula, Audrey		JROPHS	1:00.20	REG
*8 Jordan, Shelby		FRGFHS	1:01.38	REG
*8 Minnich, Shannon		MHS	1:01.38	REG
10 Lloyd, Allie		SOSTAFF-VA	1:02.17	REG
11 Kelly, Anna		SRWSHS	1:02.68	REG
12 Colligan, Chloe		FROPHS	1:03.31	5.0
13 Walker, Casey		MVHS-US	1:05.48	4.0
14 Schmitz, Karaline		NSHS-VA	1:06.33	3.0
15 Gallagher, Maggie		SRRHS-VA	1:06.46	2.0
16 Moore, Julia		JRFPHS	1:06.83	1.0
17 Weldon, Brianna		SOPHS	1:08.10	
18 Pyles, Meghan		SRBHS	1:10.37	
19 Mazzoccoli, Christ		HYL-VA	1:10.65	
20 VanBuskirk, Carrie		SRSJHS	1:10.91	
21 Baldrige, Anne		PHHS-VA	1:14.35	
22 Chapman, Ashley		FRBHS	1:14.90	
23 Sucher, Katharine		SROHS	1:15.51	
24 Doiron, Alaina		SRHHS	1:16.44	
25 Shayka, Bridget		SRLV	1:16.56	
26 Rivenbark, Kate		PHHS-VA	1:17.17	
27 Anderson, Kayla		FRFCHS-VA	1:21.53	
28 Snead, Rebecca		FRHCHS-VA	1:21.73	
29 Ferguson, Nora		FRFCHS-VA	1:22.74	
30 Conner, Jessica		HCHS-VA	1:29.82	
31 Knick, Rachel		FRFCHS-VA	1:48.42	
32 Brown, Melissa		JRFCHS-VA	1:56.49	
--- Keen, Kiyomi		MHS	NS	
--- Mancinelli, Toni		FRBHS	NS	

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#13 Boys 100 Yard Free

AHS: 47.95! 2002 Trevor Jamerson
PHS: 51.44= 2010 Connor Schwalm
SJHS: 46.49> 2006 Zachary Hayden at
WSHS: 48.04/ 1999 Chris Lindberg
BHS: 48.40@ 2010 Nick Tremols
FPHS: 49.47# 2005 Thomas Scovel
GFHS: 47.36\$ 2003 Brett MacLennan
HHS: 48.22% 2008 Geoffrey Wright
HYL: 50.14^ 1999 Brett Gombar
LVHS: 50.79& 2010 Capwell E Taylor
48.79 STAT
52.13 REG

Name	Yr	Team	Finals	Time
1 Lockman, Matt		SOAHS-VA	47.36!	STAT
2 Young, Mike		MHS	48.91	REG
3 Mernin, Ethan		SOOHS	49.70	REG
4 Slattery, Michael		MVHS-US	50.25	REG
5 Jones, Jared		PHHS-VA	50.29	REG
6 Mikeal, Jessup		BPHS-VA	50.34	REG
7 Redding, Jared		CFHS	50.46	REG
8 Hensley, Calvin		BPHS-VA	50.65	REG
9 Hughes, Ryan		SRFPHS	50.97	REG
10 Heckman, Trevor		JROPHS	51.03	REG
11 Beavers, Duncan		JRSJHS	51.24	REG
*12 Pogue, Bill		SOBHS	51.86	REG
*12 Whalen-Kelly, Eric		SRRHS-VA	51.86	REG
14 Feshari, Josh		JROPHS	52.19	3.0
15 Robison, Robbie		JRAHS-VA	52.26	2.0
16 Schuette, Matt		SRFPHS	52.29	1.0
17 McGrory, Reilly		JROHS	52.61	
18 Sweeney, Harrison		JRWSHS	53.20	
19 Dooley, Kenta		SRBHS	53.35	
*20 Heil, Philip		SROPHS	53.53	
*20 Young, Cameron		FROPHS	53.53	
22 Handy, Joseph		FRWSHS	53.55	
23 Fabian, Constantin		JRHHS	53.75	
24 Burris, Tim		FRHHS	54.44	
25 Chapman, Zachary		SOBHS	55.03	
26 Collins, David		GW-VA	56.05	
27 Ford, Zak		SOHCHS-VA	56.98	
28 Bellavia, Scott		PHHS-VA	58.54	
29 Conte, Nicholas		PHHS-VA	1:00.88	
30 Phelps, John		GW-VA	1:03.37	
31 Miller, Delontae		FRHCHS-VA	1:05.07	
32 Smith, Hampton		SOHCHS-VA	1:06.93	

#14 Girls 100 Yard Free

AHS: 53.49! 2010 Holly Harper
PHS: 58.15= 1993 C Taylor
SJHS: 54.89> 2002 Kerry Urso at 2002
WSHS: 54.38/ 1998 Bethany Lindberg
BHS: 55.74@ 2010 Holly Criscuolo
FPHS: 54.24# 2009 Briana Murphy
GFHS: 53.19\$ 2009 Taylor Vincent at
HHS: 53.60% 2008 Valerie McMullan
HYL: 52.41^ 2008 Kali Gaskill
LVHS: 58.25& 2011 Kelsey L Ryan
53.99 STAT
57.10 REG

Name	Yr	Team	Finals	Time
1 Harper, Holly		JRAHS-VA	52.21!	STAT
2 Vincent, Taylor		SOGFHS	53.59	STAT
3 Murphy, Briana		SRFPHS	53.65#	STAT
*4 Parcell, Margaret		SRFCHS-VA	54.56	REG
*4 Leong, Samantha		SOPFHS	54.56	REG
6 Garza, Kirsten		CFHS	55.50	REG
7 Cheripka, Alicia		HYL-VA	55.90	REG
8 Criscuolo, Holly		JBHS	56.33	REG
9 Minick, Emily		FROPHS	56.34	REG
10 Hummer, Lilly		JRFPHS	57.33	7.0
11 Johnson, Jessica		MVHS-US	57.39	6.0
12 Brana, Alexis		NSHS-VA	57.79	5.0
13 Woll, Jade		JRWSHS	58.65	4.0
14 Bumgarner, Keri		NSHS-VA	59.06	3.0
15 Nowak, Emma		SOOHS	59.28	2.0
16 Gold, Jordan		SRHHS	59.47	1.0
17 Hill, Emilee		MHS	59.52	
18 Coughlin, Victoria		FRWSHS	59.59	
19 Bedwell, Caitlyn		NSHS-VA	59.92	
20 Gellene, Caronline		FRBHS	1:02.98	
21 Bolton, Stephanie		SRBHS	1:03.00	
22 Ober, Shannon		SRHHS	1:03.13	
23 Gross, Hannah		PHHS-VA	1:03.74	
24 Thai, Melissa		SOSJHS	1:04.40	
25 Waldman, Stephan		GW-VA	1:04.47	
26 Boyle, Erica		SROHS	1:04.88	
27 Casola, Grace		PHHS-VA	1:05.05	
28 Trotter, Lyric		SOFCHS-VA	1:07.69	
29 Trout, Alexa		SRFCHS-VA	1:08.55	
30 White, Kelsey		FRHCHS-VA	1:09.55	
31 Hurd, Ashleigh		JRFCHS-VA	1:09.99	

#15 Boys 500 Yard Free

AHS: 4:32.07! 2008 Andrew Starr
PHS: 5:08.14= 2008 Connor Schwalm
SJHS: 4:55.41> 2006 Zachary Hayden at
WSHS: 4:45.12/ 1998 Tommy Quimby
BHS: 4:45.18@ 2009 Nick Tremols
FPHS: 4:47.29# 2011 Tyler Anderson
GFHS: 4:40.40\$ 2002 Brett MacLennan
HHS: 5:07.00% 2008 Danny Durazo
HYL: 4:52.60^ 2004 Troy Sattgast
LVHS: 5:29.03& 2010 Andrew J Ray
4:49.79 STAT
5:11.66 REG

Name	Yr	Team	Finals	Time
1 Stoffa, Gregory		JROPHS	4:32.47!	STAT
2 Campbell, Henry		FROHS	4:41.82	STAT
3 Stronko, Sam		SOOPHS	4:41.96	STAT
4 Croasdell, Jacob		JBHS	4:47.34	STAT
5 Anderson, Tyler		SOPFHS	4:47.39	STAT
6 Kimble, Cole		NSHS-VA	4:47.55	STAT
7 Halliburton, Mathe		MHS	4:53.05	REG
8 Resch, Robert		NSHS-VA	4:56.27	REG
9 Parker, Kenny		FROPHS	4:56.90	REG
10 Wineinger, Andrew		CFHS	5:00.68	REG
11 Lescault, Jacob		SOAHS-VA	5:00.96	REG
12 Stockner, Daniel		MVHS-US	5:04.08	REG
13 Brower, Michael		BPHS-VA	5:04.38	REG
14 Regenbogen, Daltc		SOOPHS	5:10.43	REG
15 Faust, Michael		MVHS-US	5:12.18	2.0
16 Payne, Spencer		FRSTAFF-VA	5:12.76	1.0
17 Yu, Daniel		SOBHS	5:21.83	
18 Melhuish, Tim		SRHHS	5:28.15	
19 Storey, Robert		SOOHS	5:28.29	
20 Bushmire, Jacob		HYL-VA	5:28.66	
21 Kuykendall, Shaka		HYL-VA	5:29.66	
22 Goulet, Zachary		JRSJHS	5:30.40	
23 Schroth, Jake		FRHHS	5:44.00	
24 Croasdell, Joshua		SOBHS	5:51.81	
25 Bergman, Johnathc		SRWSHS	5:53.06	
26 Boyd, Nicholas		JRFCHS-VA	6:13.55	
27 Catron, Alex		PHHS-VA	6:20.83	
28 Mulcahy, Liam		PHHS-VA	6:28.42	
29 Zanarini, Nick		HCHS-VA	6:52.79	
30 Paxton, Seth		FRFCHS-VA	7:02.40	
31 Conner, Chase		HCHS-VA	7:11.84	
32 McCauley, Beau		GW-VA	7:20.09	

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#16 Girls 500 Yard Free

AHS: 5:10.24! 2008 Abbie Deal
 PHS: 5:56.48= 1998 Lindsay Sabal
 SJHS: 5:06.74> 2002 Ashley Razo at 2002
 WSHS: 5:07.34/ 2002 Casey Quimby
 BHS: 5:15.99@ 2004 Chelsea Geckler
 FPHS: 5:10.01# 2010 Shannon Harper
 GFHS: 5:02.66\$ 2008 Mandy Vincent
 HHS: 5:03.32% 2008 Kaitlin Pawlowicz
 HYL: 5:03.68^ 1995 Lauren Withers
 LVHS: 5:30.91& 2010 Kelsey L Ryan
 5:13.09 STAT
 5:30.69 REG

Name	Yr	Team	Finals Time
1 Skelley, Emma		SOOPHS	5:01.70 } STAT
2 Boyle, Casie		SROHS	5:11.88 STAT
3 Stevens, Jillian		SOOPHS	5:15.94 REG
4 Winkler, Claire		MHS	5:19.64 REG
5 Dix, Sara		NSHS-VA	5:23.69 REG
6 Lisbon, Kelsey		JR WSHS	5:23.78 REG
7 Morton, Corie		FRAHS-VA	5:28.23 REG
8 Harbin, Haylie		FRSTAFF-VA	5:29.85 REG
9 Fralen, Katie		NSHS-VA	5:42.55 9.0
10 Hosseini, Rachel		JROPHS	5:42.77 7.0
11 Martinich, Alex		MVHS-US	5:42.85 6.0
12 Wild, Abby		FRAHS-VA	5:43.93 5.0
13 Jaeger, Michelle		HYL-VA	5:45.77 4.0
14 Dinh, Yvonne		FROPHS	5:45.92 3.0
15 Grecco, Allison		SOHHS	5:49.02 2.0
16 Jones, Mackenzie		SOAHS-VA	5:50.06 1.0
17 Ianni, Sarah		HYL-VA	5:55.93
18 Poland, Sabrina		FRBHS	6:01.72
19 Graumann, Alayna		SRWSHS	6:06.71
20 Mulvehill, Leah		JRFPHS	6:07.91
21 Cotton, Katie		JR SJHS	6:15.34
22 Arnold, Samantha		JR BHS	6:33.22
23 Dann, Emily		JR HHS	6:42.60
24 Worley, Kara		FRBHS	6:46.55
25 Teeple, Melissa		SOFCHS-VA	6:52.42
26 Girani, Alaina		PHHS-VA	7:07.11
27 Robertson, Allison		GW-VA	7:15.19
28 McEvoy, Katie		PHHS-VA	7:48.97
29 Conner, Allison		SOHCHS-VA	7:59.12
30 Henderson, Megan		JR FCHS-VA	8:01.47
31 Brubaker, Kala		JR FCHS-VA	8:03.64
32 Arrington, Elizabeth		SOFCHS-VA	10:01.97
--- Dooley, Kaitlyn		SOHHS	NS

Declared false start

#17 Boys 200 Yard Free Relay

AHS: 1:27.10! 2009 AHS
 CJ Trachta, Ian Joyce, Jack McHugh, Andrew Starr
 PHS: 1:37.79= 2008 Potomac Panthers
 Oneto, Hickenbottom, Vargas Garcia, Schwalm
 SJHS: 1:33.12> 2006 Stonewall Jackson
 R. Badr, M. Klossner, E. Campbell, Z. Hayden
 WSHS: 1:31.77/ 1997 Brown, Dickson,
 by
 BHS: 1:32.79@ 2007 K. Heidel, E.
 ols, J. Bruno
 FPHS: 1:34.22# 2011 Forest Park High
 R Hughes, A Chamberlain, T Anderson, M Schuette
 GFHS: 1:34.17\$ 2003 A Hicks, K Estep, J
 B MacLennan
 HHS: 1:33.72% 2008 Geoffrey Wright,
 I, Ian Frye, Danny Durazo
 HYL: 1:33.30^ 1993 Bob Bedell, Jim
 air, Chris Keith
 LVHS: 1:33.34& 2010 C.Taylor, J.Parker,
 C.Reinertson
 1:30.59 STAT
 1:36.58 REG

Team	Relay	Finals Time
1 AHS-VA	A	1:29.38 STAT
Lockman, Matt SO		Topping, Stephen SR
Robison, Robbie JR		Robbins, Chase SR
2 BPHS-VA	A	1:29.39 STAT
Mikeal, Jessup		Hensley, Calvin
Garcia, Alex		Fox-Moles, Michael
3 OPHS	A	1:31.33 } REG
Stoffa, Gregory JR		Heckman, Trevor JR
Shields, AJ JR		Worrick, Joe SO
4 NSHS-VA	A	1:32.32 REG
Troy, Winston		Young, Derek
Kimble, Cole		Resch, Robert
5 MVHS-US	A	1:32.43 REG
Stockner, Daniel		Naples, Kevin
Barner, Haven		Sell, Michael
6 FPHS	A	1:32.56# REG
Schuette, Matt SR		Chamberlain, Alec SR
Hughes, Ryan SR		Anderson, Tyler SO
7 OHS	A	1:32.91 REG
Mernin, Ethan SO		Campbell, Henry FR
McGrory, Reilly JR		Mustafa, Adam JR
8 CFHS	A	1:34.26 REG
Sanders, Brandon		Smith, Danny
Wineinger, Andrew		Redding, Jared
9 WSHS	A	1:34.59 REG
Handy, Joseph FR		Freeman, William JR
Sweeney, Harrison JR		Nye, Connor JR
10 BHS	A	1:35.06 REG
Pogue, Bill SO		Chapman, Bob SO
Dooley, Kenta SR		Lee, Kevin SR
11 MHS	A	1:35.08 REG
Halliburton, Mathew		Kauppert, Sam
Wendt, Christian		Young, Mike
12 SJHS	A	1:36.81 10.0
Beavers, Duncan JR		Cerniuk, Alex JR
Goldman, Luke SR		Stoll, Jordon SO

13 RHS-VA	A	1:36.82 8.0
Webb, Joseph SO		Riffée, Christian JR
Stover, Luke SO		Whalen-Kelly, Eric SR
14 LV	A	1:39.23 6.0
Van Vleet, Max SR		Fochtman, Nick SR
Miller, Ian JR		Shayka, Mark SO

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(#17 Boys 200 Yard Free Relay)

15	PHHS-VA	A	1:39.70	4.0
	Hughes, Sam	Bellavia, Scott		
	Catron, Matthew	Jones, Jared		
16	HHS	A	1:40.65	2.0
	Burris, Tim FR	Bartholomew, Paul SR		
	Blackley, Nick FR	Torraca, Daniel JR		
17	GW-VA	A	1:45.13	
	Heard, Jackson	Dillard, Terrod		
	Phelps, John	Collins, David		
18	HYL-VA	A	1:45.24	
	Kidd, James	Barbery, Brandon		
	Alvarez, Jose JR	Dorego, Aaron		
*19	GFHS	A	1:47.04	
	Grant, Collin JR	Karlen, Mark SR		
	Henry, Jake SR	Anderson, Brandon SR		
*19	HCHS-VA	A	1:47.04	
	Kashmer, Collin	Epps, Matthew		
	Miller, Delontae FR	Ford, Zak SO		
21	PHS	A	1:47.28	
	Arrieta, Aristides	Urquiola, Anthony		
	Reyes Jr., Anthony SR	Will, Adam FR		
---	WFHS	A	NS	
	Declared false start			
	Brown, Dequan	Harris, Will		
	Pullen, Derric	Ndayisenga, Deo		

#18 Girls 200 Yard Free Relay

AHS: 1:42.33! 2005 AHS

M. Grobmyer, B. Mextorf, M. Jamerson, B. Jamerson

PHS: 1:56.29= 1998 PHS 1998

Saylor, O'Brien, Schlecht, Truax

SJHS: 1:42.89> 2002 K. Urso, A. Behrle,

. Razo at Cedar Run Districts

WSHS: 1:42.75/ 1997 Hewitt, Lindberg,

ele

BHS: 1:46.51@ 2005 A. Fitzgerald, A.

alls, C. Geckler

FPHS: 1:42.01# 2011 Forest Park High

L Hummer, S Leong, B Murphy, S Harper

GFHS: 1:44.32\$ 2007 C. Henry, K.

p, B. Fox

HHS: 1:43.65% 2008 Bailey Rember,

n, Nicole Wright, Kaitlin Pawlowicz

HYL: 1:43.44^ 2007 April Livingston,

l, Gabrielle Pedersen, Kali Gaskill

LVHS: 1:57.06& 2010 S.Suminski,

K.Ryan

1:42.49 STAT

1:47.72 REG

Team	Relay	Finals Time
1 FPHS	A	1:39.62# STAT
	Harper, Shannon JR	Hummer, Lilly JR
	Leong, Samantha SO	Murphy, Briana SR
2 GFHS	A	1:41.54\$ STAT
	Jordan, Shelby FR	Henry, Kelly FR
	Vincent, Taylor SO	Emert, Heather SR
3 NSHS-VA	A	1:42.97 REG
	Schmitz, Catie	Bedwell, Caitlyn
	Schmitz, Karaline	Dix, Sara
4 WSHS	A	1:43.76 REG
	Kelly, Emily FR	Woll, Jade JR

Kelly, Anna SR	Coughlin, Victoria FR	
5 OPHS	A	1:43.90 REG
Sargent, Lauren FR	Tabor, Natalie FR	
Voss, Delaney FR	Clark, Ashley JR	

6 AHS-VA	A	1:46.31 REG
	Miller, Kelly SO	Freshwater, Mel SR
	Brown, Sophia SO	Morton, Corie FR
7 STAFF-VA	A	1:46.55 REG
	Cowper, Fay FR	Rogers, Julianne FR
	Lloyd, Allie SO	Lewis, Hannah
8 MVHS-US	A	1:47.08 REG
	Pfannenstein, Alyssa	Walker, Casey
	Johnson, Jessica	Yacone, Marie
9 RHS-VA	A	1:47.92 18.0
	Howard, Lacy SR	Gallagher, Maggie SR
	Brumbaum, Kayla SO	Hebertson, Hannah JR
10 CFHS	A	1:49.51 14.0
	St. Laurent, Kara	Ball, Shelby
	Goidas, Angi	Hutchison, Andrea
11 HHS	A	1:50.84 12.0
	Rosenburg, Kaleigh SO	Douglass, Kelsey SR
	Ober, Shannon SR	Lee, Katie FR
12 LV	A	1:54.47& 10.0
	Suminski, Sheridan SO	Johnson, Kelly SR
	Swan, Rachel JR	Ryan, Kelsey SR
13 OHS	A	1:54.82 8.0
	Ritner, Alyssa SR	Boyle, Erica SR
	Sucher, Katharine SR	Yeung, Lauren JR
14 BHS	A	1:55.71 6.0
	Pyles, Meghan SR	MacConnell, Ashley JR
	Worley, Kara FR	Chapman, Ashley FR
15 PHHS-VA	A	1:56.12 4.0
	Bowman, Erica	Snyder, Katie
	Baldrige, Anne	Casola, Grace
16 SJHS	A	2:00.55 2.0
	Thai, Melissa SO	Thomas, Kinley FR
	Winter, Christina FR	Pehrson, Natalee SO
17 FCHS-VA	A	2:04.09
	Borellis, Mackenzie SO	Crutchfield, Emily SO
	Ferguson, Nora FR	Trout, Alexa SR
18 HCHS-VA	A	2:04.72
	Miller, Jordon	Snead, Rebecca FR
	Conner, Jessica	White, Kelsey FR
19 HYL-VA	A	2:08.80
	Page, Mallory	Mazzoccoli, Lexi
	Mitchler, Melissa	Edmundson, Hayley

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#19 Boys 100 Yard Back

AHS: 51.27! 2009 Andrew Starr
 PHS: 57.35= 2010 Connor
 SJHS: 53.90> 2006 Zachary Hayden at
 WSHS: 53.05/ 1999 Chris Lindberg
 BHS: 54.04@ 2006 Matthew Marquart
 FPHS: 59.19# 2011 Tyler Anderson
 GFHS: 52.77\$ 2003 Brett MacLennan
 HHS: 56.94% 2010 Geoffrey Wright
 HYL: 54.43^ 1997 David Horak
 LVHS: 1:03.22& 2010 Capwell E Taylor
 54.39 STAT
 59.36 REG

Name	Yr	Team	Finals Time	
1 Fox-Moles, Micha		BPHS-VA	51.58	STAT
2 Friedel, Josh		MVHS-US	51.82	STAT
3 Topping, Stephen		SRAHS-VA	53.99	STAT
4 Lord, Peter		JROPHS	54.03	STAT
5 Robbins, Chase		SRAHS-VA	54.05	STAT
6 Sell, Michael		MVHS-US	55.76	REG
7 McAllister, Daniel		SOHHS	56.85%	REG
8 Parker, Kenny		FROPHS	58.11	REG
9 Shields, AJ		JROPHS	58.13	REG
10 Paquin, Joshua		JRBHS	58.30	REG
11 Whalen-Kelly, Eric		SRRHS-VA	58.65	REG
12 Telford, Sean		SOAHS-VA	58.67	REG
13 Nye, Connor		JRWSHS	58.80	REG
14 Young, Cameron		FROPHS	58.86	REG
15 Massie, Kyle		NSHS-VA	58.90	REG
16 Croasdell, Jacob		JRBHS	58.92	REG
17 Kem, Thokeina		SRGFHS	1:00.18	
18 Faust, Michael		MVHS-US	1:00.27	
19 Howell, Billy		FRSTAFF-VA	1:00.42	
20 Brundage, Matt		JRFPHS	1:01.08	
21 Yang, John		SRFPHS	1:01.55	
22 Bolton, Chris		FRBHS	1:02.05	
23 Hughes, Sam		PHHS-VA	1:02.28	
24 Miller, Ian		JROHS	1:02.84	
25 Mustafa, Ameen		SROHS	1:02.94	
26 Westling, Randolp		JRWSHS	1:03.01	
27 Haupt, Connor		SRBHS	1:04.54	
28 Collins, David		GW-VA	1:06.27	
29 Meyer, Stephen		SOOHS	1:06.81	
30 Catron, Alex		PHHS-VA	1:14.11	
31 Zanarini, Nick		HCHS-VA	1:14.36	
32 Popek, James		SOHCHS-VA	1:27.88	

#20 Girls 100 Yard Back

AHS: 58.18! 2010 Holly Harper
 PHS: 1:06.37= 2011 Brianna Weldon
 SJHS: 59.51> 2001 Kelly Urso at
 WSHS: 57.07/ 1998 Bethany Lindberg
 BHS: 1:00.77@ 2007 Amy Crider
 FPHS: 1:00.27# 2005 Amanda Hauck
 GFHS: 1:02.86\$ 2005 Kapo Leung
 HHS: 1:02.19% 2008 Kaitlin Pawlowicz
 HYL: 58.99^ 2009 Alicia Cheripka
 LVHS: 1:01.11& 2010 Kelsey L Ryan
 1:00.29 STAT
 1:03.49 REG

Name	Yr	Team	Finals Time	
1 Harper, Holly		JRAHS-VA	56.24!	STAT
2 Flinn, Mary		BPHS-VA	1:00.32	REG
3 Kelly, Emily		FRWSHS	1:00.75	REG
4 Ryan, Kelsey		SRLV	1:00.82&	REG
5 Cheripka, Alicia		HYL-VA	1:01.12	REG
6 Souther, Christine		JROPHS	1:01.43	REG
7 Melkun, Hannah		FRSTAFF-VA	1:01.54	REG
8 Tremols, Nina		SOBHS	1:01.67	REG
9 Wuckovich, Zoe		FRSTAFF-VA	1:02.06	REG
10 Minick, Emily		FROPHS	1:03.29	REG
11 Gaskill, Kati		FROPHS	1:04.29	6.0
12 Miller, Kelly		SOAHS-VA	1:04.38	5.0
13 Freshwater, Mel		SRAHS-VA	1:04.86	4.0
14 McTarsney, Ciara		CFHS	1:04.94	3.0
15 Lee, Katie		FRHHS	1:04.97	2.0
16 Grecco, Allison		SOHHS	1:05.23	1.0
17 Weldon, Brianna		SOPHS	1:05.65=	
18 Hood, Taylor		JRFPHS	1:05.99	
19 Bumgarner, Keri		NSHS-VA	1:06.61	
20 Colligan, Chloe		FROPHS	1:06.91	
21 Cotton, Katie		JRSJHS	1:10.42	
22 Greaver, Brittany		SRBHS	1:11.50	
23 Dehn, Jessica		SRBHS	1:11.80	
24 Bowman, Erica		PHHS-VA	1:11.91	
25 Jamison, Jill		SOBHS	1:12.72	
26 Ferguson, Nora		FRFCHS-VA	1:16.62	
27 Girani, Alaina		PHHS-VA	1:19.53	
28 Rivenbark, Kate		PHHS-VA	1:21.18	
29 Trout, Elizabeth		SOFCHS-VA	1:24.33	
30 Brubaker, Kala		JRFCHS-VA	1:31.95	
31 Crutchfield, Emily		SOFCHS-VA	1:34.28	
--- McEvoy, Katie		PHHS-VA		DQ
Not on back off wall				
--- Keen, Kiyomi		MHS		DQ

#21 Boys 100 Yard Breast

AHS: 1:03.37! 2010 Sean Cudahy
 PHS: 1:02.59= 2010 Connor Schwalm
 SJHS: 57.81> 2005 Zachary Hayden at
 WSHS: 1:02.42/ 2006 Nathan Biglin at VA
 BHS: 1:02.76@ 2007 Nick Tremols
 FPHS: 1:04.66# 2011 Jordan Murrin
 GFHS: 58.94\$ 2003 Brett MacLennan
 HHS: 59.70% 2010 Damon Rosenburg
 HYL: 1:05.19^ 1998 Bryan Corey
 LVHS: 1:08.75& 2011 Ian F Miller
 1:01.39 STAT
 1:06.38 REG

Name	Yr	Team	Finals Time	
1 Rosenburg, Damor		SRHHS	58.35%	STAT
2 Webb, Tim		SRAHS-VA	1:01.64!	REG
3 Blakely, Steven		SROPHS	1:01.70}	REG
4 Williamson, Andre		FRAHS-VA	1:01.90!	REG
5 Mernin, Ethan		SOOHS	1:03.11	REG
6 Johnson, Mike		MVHS-US	1:03.78	REG
7 Murrin, Jordan		JRFPHS	1:04.41#	REG
8 Deal, Forrest		BPHS-VA	1:04.50	REG
9 Mathis, Nicholas		SRBHS	1:04.64	REG
10 Robison, Robbie		JRAHS-VA	1:05.09	REG
11 Phillippart, Dylan		MVHS-US	1:05.20	REG
12 Stockner, Daniel		MVHS-US	1:05.57	REG
13 Lee, Kevin		SRBHS	1:05.59	REG
14 Hensien, Collin		SOAHS-VA	1:05.76	REG
15 Worrick, Joe		SOOPHS	1:06.13	REG
16 Miller, Ian		JRLV	1:06.43&	1.0
17 Perez, Matthew		SROHS	1:06.66	
18 Faherty, Nolan		NSHS-VA	1:07.91	
19 Kerber, Sam		JROHS	1:08.32	
20 Melhuish, Tim		SRHHS	1:08.81	
21 Brundage, Matt		JRFPHS	1:09.16	
22 Barefoot, Nicolaus		JRWSHS	1:09.25	
23 Freeman, William		JRWSHS	1:09.49	
24 George, Nathan		FROPHS	1:11.17	
25 Schmelzinger, Mic		FRFPHS	1:11.33	
26 Rouffa, Sean		FROPHS	1:12.16	
27 Catron, Matthew		PHHS-VA	1:12.29	
28 Fulcher, Hunter		SOHCHS-VA	1:18.00	
29 Harris, Will		WFHS	1:21.81	
30 Ndayisenga, Deo		WFHS	1:23.42	
31 Bender, Zach		GW-VA	1:23.97	
32 Stockstill, Stocks		PHHS-VA	1:24.21	
--- Robbins, Austin		HCHS-VA		DQ
Delay of meet				
--- Wood, Connor		GW-VA		NS
Declared false start				

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#22 Girls 100 Yard Breast

AHS: 1:09.90! 2011 Holly Harper
 PHS: 1:16.45= 1997 Lindsay Sabal
 SJHS: 1:08.06> 2011 Brooke Rodriguez at
 WSHS: 1:08.49/ 1996 Ann Palmer
 BHS: 1:07.11@ 2011 Natalie Martin at
 FPHS: 1:09.90# 2010 Allison Bodmer
 GFHS: 1:07.04\$ 2005 Brittany Fox
 HHS: 1:07.39% 2011 Kaleigh G.
 HYL: 1:06.08^ 2005 Courtney White
 LVHS: 1:16.96& 2009 Julia Crowley
 1:08.39 STAT
 1:12.25 REG

Name	Yr	Team	Finals Time
1 Mizerak, Courtney	JROPHS		1:04.78 } STAT
2 Brumbaum, Kayla	SORHS-VA		1:05.15 STAT
3 Rosenburg, Kaleig	SOHHS		1:05.80%STAT
4 Stephens-Pickeral,	GW-VA		1:07.32 STAT
5 Martin, Natalie	JRBHS		1:08.28 STAT
6 Henry, Kelly	FRGFHS		1:09.72 REG
7 Rodriguez, Brooke	SRSJHS		1:09.84 REG
8 Bodmer, Allyson	SOFPHS		1:09.94 REG
9 Dunegan, Kara	JROHS		1:12.03 REG
10 Schmitz, Catie	NSHS-VA		1:12.65 7.0
11 Rogers, Julianne	FRSTAFF-VA		1:12.68 6.0
12 Lisbon, Kelsey	JRWSHS		1:12.74 5.0
13 Douglas, Alyssa	CFHS		1:12.96 4.0
14 Moore, Julia	JRFPHS		1:13.46 3.0
15 Ross, Nikki	JRAHS-VA		1:14.60 2.0
16 Tabor, Natalie	FROPHS		1:14.95 1.0
17 Voss, Delaney	FROPHS		1:16.17
18 Emert, Heather	SRGFHS		1:17.26
19 Hoch, Caitlin	SRFCHS-VA		1:17.28
20 Jones, Jordyn	PHHS-VA		1:17.35
21 Comer, Megan	NSHS-VA		1:18.60
22 McKay, Robin	MHS		1:19.07
23 Blodgett, Mary	FRSJHS		1:19.08
24 Shayka, Bridget	SRLV		1:19.80
25 Yeung, Michelle	JROHS		1:21.88
26 Black, Gracie	PHHS-VA		1:22.48
27 Park, Grace	FRBHS		1:23.02
28 Miller, Jordon	HCHS-VA		1:25.21
29 Borellis, Mackenzi	SOFCHS-VA		1:26.01
30 Conner, Jessica	HCHS-VA		1:28.45
31 Baldrige, Anne	PHHS-VA		1:28.62
--- Morales, Bianca	MVHS-US	DQ	

Arms two strokes underwater

#23 Boys 400 Yard Free Relay

AHS: 3:11.26! 2009 AHS
 Roger Fan, Ian Joyce, Jack McHugh, Andrew Starr
 PHS: 3:48.78= 2008 Potomac Panthers
 Hickenbottom, Oneto, Kalahiki, Schwalm
 SJHS: 3:25.90> 2003 Arlen Connolly,
 Zach Hayden, Mike Cartwright
 WSHS: 3:20.39/ 1998 Brown, D Lehosit,
 ington
 BHS: 3:18.78@ 2010 F. Whitticar, J.
 oasdell, N. Tremols
 FPHS: 3:25.97# 2011 Forest Park High
 T Anderson, P Blevins, M Schuette, R Hughes
 GFHS: 3:27.43\$ 2001 M Beaugh, T Brulle,
 MacLennan
 HHS: 3:26.81% 2008 Danny Durazo,
 Ian Frye, Geoffrey Wright
 HYL: 3:29.42^ 2001 R. Wood, T.
 os, A. Krepp
 LVHS: 3:42.20& 2009 N.Lamana, K.Onkst,
 C.Taylor
 3:19.89 STAT
 3:36.22 REG

Team	Relay	Finals Time
1 OPHS	A	3:15.16 } STAT
Minick, Grant JR		Stronko, Sam SO
Lord, Peter JR		Stoffa, Gregory JR
2 MVHS-US	A	3:16.55 STAT
Friedel, Josh		Sell, Michael
Slattery, Michael		Johnson, Mike
3 BHS	A	3:19.74 STAT
Whitticar, Ford JR		Pogue, Bill SO
Croasdell, Jacob JR		Mathis, Nicholas SR
4 FPHS	A	3:21.85# REG
Schuette, Matt SR		Blevins, Philip SR
Hughes, Ryan SR		Anderson, Tyler SO
5 NSHS-VA	A	3:23.79 REG
Massie, Kyle		Troy, Winston
Kimble, Cole		Resch, Robert
6 BPHS-VA	A	3:26.01 REG
Mikeal, Jessup		Brower, Michael
Deal, Forrest		Hensley, Calvin
7 CFHS	A	3:27.99 REG
Sanders, Brandon		Wineinger, Andrew
Monahan, Cullen		Redding, Jared
8 HHS	A	3:31.89 REG
McAllister, Daniel SO		Melhuish, Tim SR
Fabian, Constantin JR		Rosenburg, Damon SR
9 AHS-VA	A	3:33.57 REG
Lescault, Jacob SO		Hensien, Collin SO
Robison, Robbie JR		Webb, Tim SR
10 MHS	A	3:34.57 REG
Halliburton, Mathew		Kauppert, Sam
Wendt, Christian		Young, Mike
11 WSHS	A	3:37.24 12.0
Handy, Joseph FR		Hannan, Mark JR
Freeman, William JR		Sweeney, Harrison JR
12 OHS	A	3:42.36 10.0
Goodman, Scott JR		Hudson, Parker JR
Mustafa, Ameen SR		Perez, Matthew SR

13 HYL-VA	A	3:48.08 8.0
Kuykendall, Shaka		Kidd, James
Barbery, Brandon		Bushmire, Jacob
14 SJHS	A	3:50.52 6.0
Goulet, Zachary JR		Sorensen, Andrew FR
Utt, Daniel JR		Stoll, Jordon SO

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15 LV	A	3:53.19	4.0
Deaver, Jaques SO		Fochtman, Nick SR	
Van Vleet, Max SR		Shayka, Mark SO	
16 GW-VA	A	4:07.04	2.0
Heard, Jackson		Dillard, Terrod	
Phelps, John		Collins, David	
17 PHHS-VA	A	4:12.37	
Catron, Alex		Stockstill, Stocks	
Conte, Nicholas		Mulcahy, Liam	
18 FCHS-VA	A	4:13.04	
Wunderlich, Tyler FR		Simmons, Tyler SO	
Akers, Hunter SO		Boyd, Nicholas JR	
19 HCHS-VA	A	4:20.59	
Popek, James SO		Smith, Hampton SO	
Miller, Delontae FR		Fulcher, Hunter SO	

Minnich, Shannon		Makarowski, Rachel	
9 WSHS	A	3:58.22	18.0
Lisbon, Kelsey JR		West, Madison JR	
Owens, Shelby SO		Woll, Jade JR	

10 NSHS-VA	A	3:58.75	14.0
Schmitz, Karaline		Fralen, Katie	
Bumgarner, Keri		Bedwell, Caitlyn	
11 FPHS	A	3:59.74	12.0
Waller, Antoinette SO		Mulvehill, Leah JR	
Hood, Taylor JR		Hummer, Lilly JR	
12 HYL-VA	A	4:05.04	10.0
Cheripka, Alicia		Ianni, Sarah	
Mazzoccoli, Christianna		Jaeger, Michelle	
13 FCHS-VA	A	4:21.88	8.0
Trout, Alexa SR		Hoch, Caitlin SR	
Anderson, Kayla FR		Parcell, Margaret SR	
14 HHS	A	4:22.28	6.0
Ober, Shannon SR		Von Wodtke, Anna SR	
Dann, Emily JR		Grecco, Allison SO	
15 LV	A	4:24.03	4.0
Suminski, Sheridan SO		Johnson, Kelly SR	
Weaver, Kaitlyn JR		Swan, Rachel JR	
16 GW-VA	A	4:29.21	2.0
Robertson, Allison		Wade, Caylan	
Waldman, Stephanie		Stephens-Pickeral, Ali	
17 PHHS-VA	A	4:37.70	
Black, Gracie		Gross, Hannah	
Girani, Alaina		Rivenbark, Kate	

#24 Girls 400 Yard Free Relay

AHS: 3:42.88! 2002 AHS

L. Heeschen, M. Popieszalska, D. Grobmyer, B. Jame

PHS: 4:19.23= 1998 PHS 1998

Truax, Schlecht, Henderson, Sabal

SJHS: 3:42.55> 2002 K.Urso, A.Wells,

WSHS: 3:43.23/ 1995 Lindberg, Swanson,

Imer

BHS: 3:49.30@ 2009 P. Lowell, L. Crider,

uolo, N. Martin

FPHS: 3:41.82# 2011 Forest Park High

L Hummer, B Murphy, S Leong, S Harper

GFHS: 3:49.00\$ 2008 C. Henry, T.

M. Vincent

HHS: 3:44.52% 2008 Bailey Rember,

n, Nicole Wright, Kaitlin Pawlowicz

HYL: 3:43.12^ 2008 K. Bushmire,

ston, K.Gaskil

LVHS: 4:12.54& 2010 M.Crowley,

E.Martin

3:43.69 STAT

3:55.75 REG

Team	Relay	Finals Time
1 OPHS	A	3:39.77 STAT
Mizerak, Courtney JR		Skelley, Emma SO
Souther, Christine JR		Kula, Audrey JR
2 AHS-VA	A	3:40.20! STAT
Morton, Corie FR		Harper, Hannah FR
Miller, Kelly SO		Harper, Holly JR
3 GFHS	A	3:44.42\$ REG
Jordan, Shelby FR		Henry, Kelly FR
Vincent, Taylor SO		Emert, Heather SR
4 CFHS	A	3:46.28 REG
Garza, Kirsten		Hutchison, Andrea
McTarsney, Ciara		Monahan, Bailie
5 BHS	A	3:49.04@REG
Tremols, Nina SO		Bolton, Stephanie SR
Crisuolo, Holly JR		Martin, Natalie JR
6 STAFF-VA	A	3:52.35 REG
Harbin, Haylie FR		Melkun, Hannah FR
Rogers, Julianne FR		Wuckovich, Zoe FR
7 OHS	A	3:53.57 REG
Boyle, Casie SR		Nowak, Emma SO
Dunegan, Kara JR		Turner, Heidi SO
8 MHS	A	3:56.48 22.0
Hill, Emilee		Winkler, Claire

Women - Team Rankings - Through Event 24

1. Osbourn Park High School	290
2. Forest Park High School	213.5
3. Albemarle Patriots	210
4. Gar-Field Senior High School	152
5. Woodbridge Senior High School	146
6. Colonial Forge High School	142.5
7. Stafford Indians Swim Team	141
8. Battlefield High School	127
9. North Stafford High School	124
10. Osbourn High School	100
11. Heritage High School	88
12. Massaponax High School	78
13. Riverbend High School	64
14. Loudoun Valley	54
15. Hylton High School - Bulldogs	49
16. Franklin County High School	47
17. Mountain View High School	45
18. Stonewall Jackson High School	35
19. Brooke Point High School	30
20. George Washington	28
21. Patrick Henry High School	6

Men - Team Rankings - Through Event 24

1. Osbourn Park High School	338.5
2. Albemarle Patriots	286
3. Mountain View High School	225
4. Brooke Point High School	211
5. Battlefield High School	163.5
6. Forest Park High School	160

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7. Osbourn High School	154
8. North Stafford High School	137.5
9. Colonial Forge High School	109
10. Heritage High School	101
11. Massaponax High School	83
12. Woodbridge Senior High School	52
13. Stonewall Jackson High School	41
14. Patrick Henry High School	38
15. Riverbend High School	37.5
16. Loudoun Valley	17
17. Hylton High School - Bulldogs	8
18. Gar-Field Senior High School	5
19. George Washington	2
20. Stafford Indians Swim Team	1